

You died, Jesus, but the source of life gushed forth for souls and the ocean of mercy opened up for the whole world.

O Fountain of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I

e mercy on us and on whole world. (3 times



Prayer of St. Gertrude the

"Eternal Father, I offer Thee the Most precious Blood of Thy Divine Son, Jesus in union with the Masses said throughout the world today, for all the holy Souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, those in my own home and within my family. Amen."

St. Gertrude the Great was St. Gertrude the Great was born in Germany in 1263. She was a Benedictine Nun, and meditated on the Passion of Christ, which many times brought floods of tears to her eyes. She did many penances, and Our Lady appeared to her many times. Her holy Soul passed away in 1334. November 16th is her



Abortion isn't a lesser evil, it's a crime. Taking one life to save another, that's what the Mafia does. It's a crime. It's absolute evil. **Pope Francis.** It's an

We dedicate this website to the Generous Heart of Mother Mary



Daily Highlights, Mass Readings, Daily Saints, Prayers...

Saturday of the Fifth Week in Ordinary Time, February 10, 2024, Volume 172.

Today's Bible Readings

Latin Rite 1st Reading:

1 Kgs 12:26-32; 13:33-

Responsorial Psalm: PS 106:6-7ab, 19-20, 21-22

Gospel: Mk 8:1-10

Syro-Malabar Rite 1st Reading: Ephesians 4:25-32

Gospel:

Matthew 6:5-15

Syro-Malankara Rite 1st Reading:

Romans 6:9-14

Luke 9:18-20

Meditation: Jesus Alone Can Satisfy Our Hunger for God

Can anything on earth truly satisfy the hunger we experience for God? The enormous crowd that pressed upon Jesus for three days were hungry for something more than physical food. They hung upon Jesus' words because they were hungry for God. When the disciples were confronted by Jesus with the task of feeding four thousand people many miles away from any source of food, they exclaimed: Where in this remote place can anyone get enough bread to feed them? The Israelites were confronted with the same dilemma when they fled Egypt and found themselves in a barren wilderness.

Like the miraculous provision of manna in the wilderness, Jesus, himself provides bread in abundance for the hungry crowd who came out into the desert to seek him. The Gospel records that all were satisfied and they took up what was leftover. When God gives he gives abundantly - more than we deserve and more than we need so that we may have something to share with others as well. The Lord Jesus nourishes and sustains us with his lifegiving word and with his heavenly bread.

Jesus nourishes us with the true bread of heaven

The sign of the multiplication of the loaves, when the Lord says the blessing, breaks and distributes through his disciples, prefigures the superabundance of the unique bread of his Eucharist or Lord's Supper. When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood. Ignatius of Antioch (35-107 A.D.) calls it the "one bread that provides the medicine of immortality, the antidote for death, and the food that makes us live for ever in Jesus Christ" (Ad Eph. 20,2). This supernatural food is healing for both body and soul and strength for our journey heavenward.

When you approach the Table of the Lord, what do you expect to receive? Healing, pardon, comfort, and refreshment for your soul? The Lord has much more for us, more than we can ask or imagine. The principal fruit of receiving from the Lord's Table is an intimate union with Christ himself. As bodily nourishment restores lost strength, so the Eucharist strengthens us in charity and enables us to break with disordered attachments to creatures and to be more firmly rooted in the love of Christ. Do you hunger for Jesus, the true "bread of life"?

Lord Jesus, you alone can satisfy the hunger in our lives. Fill me with grateful joy and eager longing for the true heavenly bread which gives health, strength, and wholeness to body and soul alike.

1st Reading: 1 Kgs 12:26-32; 13:33-34

Jeroboam thought to himself: "The kingdom will return to David's house. If now this people go up to offer sacrifices in the temple of the LORD in Jerusalem, the hearts of this people will return to their master, Rehoboam, king of Judah, and they will kill me." After taking counsel, the king made two calves of gold and said to the people: "You have been going up to Jerusalem long enough. Here is your God, O Israel, who brought you up from the land of Egypt." And he put one in Bethel, the other in Dan. This led to sin, because the people frequented those calves in Bethel and in Dan. He also built temples on the high places and made priests from among the people who were not Levites. Jeroboam established a feast in the eighth month on the fifteenth day of the month to duplicate in Bethel the pilgrimage feast of Judah, with sacrifices to the calves he had made; and he stationed in Bethel priests of the high places he had built. Jeroboam did not give up his evil ways after this, but again made priests for the high places from among the common people. Whoever desired it was consecrated and became a priest of the high places. This was a sin on the part of the house of Jeroboam for which it was to be cut off and destroyed from the earth.

Responsorial Psalm: PS 106:6-7ab, 19-20, 21-22 R. (4a) Remember us, O Lord, as you favor your people.

We have sinned, we and our fathers; we have committed crimes; we have done wrong. Our fathers in Egypt considered not your wonders.

R. Remember us, O Lord, as you favor your people.
They made a calf in Horeb and adored a molten image; They exchanged

their glory for the image of a grass-eating bullock.

R. Remember us, O Lord, as you favor your people.

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They forgot the God who had saved them, who had done great deeds in Egypt, Wondrous deeds in the land of Ham, terrible things at the Red Sea.

R. Remember us, O Lord, as you favor your people.

Alleluia

R. Alleluia, alleluia. One does not live on bread alone, but on every word that comes forth from the mouth of God. R. Alleluia, alleluia.

Gosnel: Mk 8:1-10

In those days when there again was a great crowd without anything to eat, Jesus summoned the disciples and said, "My heart is moved with pity for the crowd, because they have been with me now for three days and have nothing to eat. If I send them away hungry to their homes, they will collapse on the way, and some of them have come a great distance." His disciples answered him, "Where can anyone get enough bread to satisfy them here in this deserted place?" Still he asked them, "How many loaves do you have?" They replied, "Seven." He ordered the crowd to sit down on the ground. Then, taking the seven loaves he gave thanks, broke them, and gave them to his disciples to distribute, and they distributed them to the crowd. They also had a few fish. He said the blessing over them and ordered them distributed also. They ate and were satisfied. They picked up the fragments left over–seven baskets. There were about four thousand people. He dismissed the crowd and got into the boat with his disciples and came to the region of Dalmanutha.

Today's Saints



Saint José Sánchez del Río

Childhood friend of Father Marcial Maciel who founded the Legionnaires of Christ and who witnessed José's death. At age 13 the boy became a flag-bearer in the Cristero army who were fighting to remain Catholic in the face of anti-religious government decrees; his two older brothers, Macario and Miguel, were soldiers, but no one would let José become a front-line soldier as he wanted. Captured by government troops, he was imprisoned, abused, mutilated, and ordered to renouce Christianity; José refused. Martyr.

Born: 28 March 1913 in Sahuayo, Michoacán de Ocampo, Mexico

Died: hacked with machetes, stabbed with bayonets and finally shot on 10 February 1928 in Sahuayo, Michoacán de Ocampo, Mexico, interred in the Church of the Sacred Heart of Jesus, Sahuayo, a bone fragment relic enshrined in the church of the Immaculate Conception, Taft, Texas

Canonized: on 21 January 2016, Pope Francis promulgated a decree of a miracle received through the intercession of Blessed José.

Twi

Saint Scholastica

Twin sister of Saint Benedict of Nursia. Born to the Italian noblility. Her mother died in childbirth. Nun. She led a community of women at Plombariola near Montecassino. See the Readings section below for Pope Saint Gregory the Great's telling of some of the stories of her life.

Born: 480 in Italy

Died: 543 of natural causes, from his cell, Saint Benedict had a vision in which he saw her soul flying to heaven in the form of a dove

Patronage: against lightning, against rain, against storms, Benedictines, convulsive children, nuns, Le Mans, France, Monte Cassino Abbey.



Saint Austrebertha of Pavilly

Also known as Austreberta, Eustreberta, Eustreverte

Daughter of Saint Framechildis and the Count Badefrid. Her parents arranged a marriage for her for political reasons, but Austrebertha was drawn to religious life. Benedictine nun, receiving the veil from Saint Omer at Abbeville, France. Abbess at Jumieges, and at Pavilly. Miracle worker and visionary; at one point in her early life she got a foreshadow of her life - she looked at her reflection in a river and saw a veil over her head.

Born: 630 at Therouanne, Artois, France

Died: 704 at Pavilly, Normandy, France, relics transferred to Montreuil-sur-Mer, France to keep them safe during the Norman invasion, relics burned in the French Revolution Patronage Barentin, France.



