

You died, Jesus, but the source of life gushed forth for souls and the ocean of mercy opened up for the whole world.

O Fountain of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I

e mercy on us and whole world. (3 ti



Prayer of St. Gertrude the

Eternal Father, I offer Thee the Most precious Blood of Thy Divine Son, Jesus in union with the Masses said throughout Masses said throughout the world today, for all the holy Souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, those in my own home and within my family. Amen."

St. Gertrude the Great was born in Germany in 1263. She was a Benedictine Nun, and meditated on the Passion



Abortion isn't a lesser evil, it's a crime. Taking one life to save another, that's what the Mafia does. It's a crime. It's absolute evil. **Pope Francis.** It's an

We dedicate this website to the Generous Heart of Mother Mary



Daily Highlights, Mass Readings, Daily Saints, Prayers...

Wednesday of the Fifth Week in Ordinary Time, February 7, 2024, Volume 172.

Today's Bible Readings

Latin Rite 1st Reading: 1 Kgs 10:1-10 **Responsorial Psalm:**

PS 37:5-6, 30-31, 39-40

Gospel: Mk 7:14-23

Syro-Malabar Rite 1st Reading: Galatians 3:7-14

Gospel:

John 5:1-18

Syro-Malankara Rite 1st Reading:

Romans 11:1-6

Gospel:

John 12:1-11

Meditation: Out of the Heart Come Evil Thoughts

Where does evil come from and how can we eliminate it from our personal lives? Jesus deals with this issue in response to the religious leaders' concern with ritual defilement (uncleanness) - making oneself unfit to offer acceptable worship and sacrifice to God. The religious leaders were very concerned with avoiding ritual defilement, some no doubt out of reverent fear of God, and others because they wanted to be seen as observant Jews. Jesus points his listeners to the source of true defilement - evil desires which come from inside a person's innermost being. Sin does not just happen from external forces. It first springs from the innermost recesses of our thoughts and intentions, from the secret desires which only the individual mind and heart can conceive. God gives us his strength to resist sinful thoughts and desires When Cain became jealous of his brother Abel, God warned him to guard his own heart: "Sin is couching at the door; it's desire is for you, but you must master it" (Genesis 4:7). Cain unfortunately did not take God's warning to heart. He allowed his jealousy to grow into spite and hatred for his brother, and he began to look for an opportunity to eliminate his brother all together. When jealously and other sinful desires come knocking at the door of your heart, how do you respond? Do you entertain them and allow them to overtake you? Fortunately God does not leave us alone in our struggle with hurtful desires and sinful tendencies. He gives us the grace and strength we need to resist and overcome sin when it couches at the door of our heart.

God's word has power to set us free to chose what is good and reject what is wrong

The Lord Jesus wants to set us free from the burden of guilt and from the destructive force of sin and wrong-doing in our personal lives. He wants to purify our hearts and renew our minds so we can freely choose to love and do what is right, good, just, and wise. The Lord Jesus is ready to change and purify our hearts through the grace and help of the Holy Spirit who dwells within us. Like a physician who probes the wound before treating it, God through his Word and Spirit first brings sin into the light that we may recognize it for what it truly is and call upon his mercy and grace for pardon, healing, and restoration. The Spirit of truth is our Counselor and Helper. His power and grace enables us to choose what is good and to reject what is evil. Do you believe in the power of God's love to heal, change, and transform your heart and mind?

Lord Jesus, fill me with your Holy Spirit and make my heart like yours. Strengthen my heart, mind, and my will that I may freely choose to love what is good and to reject what is evil.

1st Reading: 1 Kgs 8:22-23, 27-30

The queen of Sheba, having heard of Solomon's fame, came to test him with subtle questions. She arrived in Jerusalem with a very numerous retinue, and with camels bearing spices, a large amount of gold, and precious stones. She came to Solomon and questioned him on every subject in which she was interested. King Solomon explained everything she asked about, and there remained nothing hidden from him that he could not explain to her. When the queen of Sheba witnessed Solomon's great wisdom, the palace he had built, the food at his table, the seating of his ministers, the attendance and garb of his waiters, his banquet service, and the burnt offerings he offered in the temple of the LORD, she was breathless. "The report I heard in my country about your deeds and your wisdom is true," she told the king. "Though I did not believe the report until I came and saw with my own eyes, I have discovered that they were not telling me the half. Your wisdom and prosperity surpass the report I heard. Blessed are your men, blessed these servants of yours, who stand before you always and listen to your wisdom. Blessed be the LORD, your God, whom it has pleased to place you on the throne of Israel. In his enduring love for Israel, the LORD has made you king to carry out judgment and justice." Then she gave the king one hundred and twenty gold talents, a very large quantity of spices, and precious stones. Never again did anyone bring such an abundance of spices as the queen of Sheba gave to King Solomon.

Responsorial Psalm: PS 37:5-6, 30-31, 39-40 R. (30a) The mouth of the just murmurs wisdom.

The Bible in one year:

add them into our website.

profitable, service oriented website, This site belongs to each and every Christian who view this website. This is our 24th Year of Service on the

with the help of many of the Christian Brothers are

February 01 Gen 50, Isa 33, Matt 21:1-16, Ps 18:26-32 02 Exod 1-3, Isa 34, Matt 21:17-46, Ps 18:33-39 03 Exod 4–5, Isa 35, Matt 22:1–13, Ps 18:40–46 04 Exod 6, Isa 36, Matt 22:14 35. Ps 18:47-50 05 Exod 7-8, Isa 37:1–27, Matt 22:36– 23:11, Ps 19:title-9 06 Exod 9-10, Isa 37:28-38, Matt 23:12-39, Ps 19:10-14 07 Exod 11:1–12:25, Isa 38–39, Matt 24:1–15, Ps 20 08 Exod 12:26–13:22, Isa 40:1–20, Matt 24:16–37, Ps 21:title-5 09 Exod 14-15, Isa 40:21-31, Matt 24:38-51, Ps 21:6–13 10 Exod 16, Isa 41, Matt 25:1–30, Ps 22:title-5 11 Exod 17-18, Isa 42, Matt 25:31–46, Ps 22:6–13 12 Exod 19–20, Isa 43:1-15, Matt 26:1-27, Ps 22:14-20 13 Exod 21:1-22:1, Exod 22:4, Exod 22:2-31, Isa 43:16-28, Matt 26:28-49, Ps 22:21-27 14 Exod 23, Isa 44, Matt 26:50-75, Ps 22:28-31 15 Exod 24-25, Isa 45, Matt 27:1-18, Ps 23 16 Exod 26, Isa 46, Matt 27:19-40, Ps 24 17 Exod 27-28, Isa 47, Matt 27:41-66, Ps 25:title-5 18 Exod 29, Isa 48, Matt 28, Ps 25:6-12 19 Exod 30, Isa 49, Mark 1:1–19, Ps 25:13–22 20 Exod 31–32, Isa 50, Mark 1:20-45, Ps 26:title-3 21 Exod 33-34, Isa 51, Mark 2, Ps 26:4-12 22 Exod 35, Isa 52-53, Mark 3:1-11, Ps 27:title-4 23 Exod 36, Isa 54, Mark 3:12-35, Ps 27:5-14 24 Exod 37-38, Isa 55-56, Mark 4:1-20, Ps 28:title-3 25 Exod 39, Isa 57, Mark 4:21-41, Ps 28:4-9 26 Exod 40, Isa 58, Mark 5:1–23, Ps 29:title–7 27 Lev 1–3, Isa 59, Mark 5:24–43, Ps 29:8– 11 28 Lev 4-5, Isa 60, Mark 6:1-23, Ps 30

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Commit to the LORD your way; trust in him, and he will act. He will make justice dawn for you like the light; bright as the noonday shall be your vindication.

R. The mouth of the just murmurs wisdom.

The mouth of the just man tells of wisdom and his tongue utters what is right. The law of his God is in his heart, and his steps do not falter.

R. The mouth of the just murmurs wisdom.

The salvation of the just is from the LORD; he is their refuge in time of distress. And the LORD helps them and delivers them; he delivers them from the wicked and saves them, because they take refuge in him.

R. The mouth of the just murmurs wisdom.

Alleluia

R. Alleluia, alleluia. Your word, O Lord, is truth: consecrate us in the truth. R. Alleluia, alleluia.

Gospel: Mk 7:14-23

Jesus summoned the crowd again and said to them, "Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what defile." When he got home away from the crowd his disciples questioned him about the parable. He said to them, "Are even you likewise without understanding? Do you not realize that everything that goes into a person from outside cannot defile, since it enters not the heart but the stomach and passes out into the latrine?" (Thus he declared all foods clean.) "But what comes out of the man, that is what defiles him. From within the man, from his heart, come evil thoughts, unchastity, theft, murder, adultery, greed, malice, deceit, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile."



Saint Giles Mary-of-Saint-Joseph

Also known as Aegidius Mary of Saint Joseph Pontillo, Egidio Maria da Taranto, Egidio Maria de Saint Giuseppe, Egidio Maria of Saint Joseph, Francesco Postillo, Francis Pontillo, Idzi Maria od sw Józefa, Saint of the Little Way

Born to a pious family and raised in a small village. When his father died in 1747, Francesco took up the trade of rope maker to support his mother and siblings. Drawn to a religious life, he applied to the Discalced Friars Minor of Saint Peter of Alcantara at Naples, Italy in 1754 at age 25. He wished to become a priest, but lacked the education, and was received as a lay brother. Porter and gate-keeper at his monastery's seminary, a position that put him in constant contact with those in need. He had a special ministry to the sick, and worked with lepers, travelling outside the city to help those who had become shunned and isolated; he often carried an icon of the Blessed Virgin Mary in a depiction known as Our Lady of the Well when he made sick calls. Giles himself suffered from sciatica, which caused severe leg pain, difficulty walking and led to the use of a cane which is often seen in depictions of him; he also suffered from asthma and, late in life, dropsy (fluid retention leading to high blood pressure). Even in life he was considered by locals as a saint and patron of the sick and outcast. Legend says that when he was charged with distributing food and alms to the poor, Saint Joseph would intervene to insure he never ran out.

Born: 16 November 1729 at Taranto, Apulia, Italy as Francis Pontillo

Died: 7 February 1812 at Naples, Italy of natural causes while at prayer, huge crowds turned out for his funeral, his relics are enshrined in an urn next to the icon of Our Lady of the Well in the church of San Pasquale Baylon in Taranto Canonized: 2 June 1996 by Pope John Paul II, his canonization miracle involved the cure of Mrs Angela Mignogna in

Patronage: Taranto, Italy (chosen on 29 June 1919 by Archbishop Orazio Mazzella of Taranto.



Saint Giovanni of Triora

Also known as Francesco Maria Lantrua, Giovanni da Triora, Jean de Triora, Johannes Lantaru Triora, John of Triora, John Lantrua of Triora

Additional Memorial 28 September as one of the Martyrs of China

The son of Antonio Maria Lantrua and Maria Pasqua Ferraironi, Francesco was educated in Barnabite schools. He joined the Franciscan Friars Minor in Rome, Italy on 9 March 1777, just a few days before he turned 17, taking the name Giovanni. Ordained a priest in 1784, he taught theology in Tivoli and Tarquinia, Italy. Superior of Franciscan convents in Tarquinia, Velletri and Montecelio, Italy. In 1799 Giovanni joined the missions and was sent to China. In Macau he learned the language, learned the culture, dressed like the locals, and began his work. In the summer of 1815 the Chinese authorities began a concerted effort to persecute and suppress Christianity. Father Giovanni was imprisoned on 26 July 1815 with several of his parishioners just after Mass. He was repeatedly tortured for several months, and repeatedly ordered to renounce his faith; he refused. Martyr.

Born: 15 March 1760 at Triora, Imperia, Italy as Francesco Maria Lantrua

Died: tied to a cross and then strangled to death on 7 February 1816 at Ch'angsha Fu, Hunan, China, buried in the cathedral of San Paolo in Macao, China, re-interred in the Basilica of Santa Maria in Ara Coeli, Rome, Italy Canonized: 1 October 2000 by Pope John Paul II.



Saint Theodore Stratelates

Also known as Theodore the General, Theodore Tyro, Theodore the Recrui, Theodore Tiro, Theodor Tiro of Euchaïta, Theodore of Amasea, Theodore Teron, Theodorus of Heraclea

Additional Memorials 16 February as Theodore Tyro, 17 February on the Orthodox Calendar, 27 July on Korcula, Greece, 9 November as Theodor Tiro of Euchaïta

Roman general (stratelates) and covert Christian during a time of persecution. Exposed as a Christian, a military tribunal decided he was a good soldier who had made a mistake, told him to reconsider, and set him free; he promptly burned down a pagan temple. Arrested again, he was ordered to apostatize, then tortured by having his flesh torn off; he responded by reciting the Psalms. Martyr. Saint Theodore Tyro is almost certainly the same person as Theodore Statelates. The Tyro story describes the soldier as a recruit, the feast day is 9 November, and the region is slightly different, but the story is the same.

Died: martyred 319 at Heraclea, Thrace

Patronage: recovery of lost articles, soldiers, Brindisi, Italy, city of Brindisi-Ostuni, Italy, archdiocese of Venice, Italy.







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