

#### 3 O' Clock Prayer The Hour of Great Mercy Prayers from the diary of Saint Faustina

You died, Jesus, but the source of life gushed forth for souls and the ocean of mercy opened up for the whole world.

O Fountain of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You.

Holy God, Holy Mighty One, Holy Immortal One, Have mercy on us and on the whole world. (3 times)

JESUS, King of mercy, I trust in You!

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### Prayer for all souls

Prayer of St. Gertrude the great dictated by Our Lady to release 1,000 Souls from Purgatory each time it is said. The prayer was extend to include living sinners which would alleviate the indebted-ness accrued to them during their lives.

"Eternal Father, I offer Thee the Most precious Blood of Thy Divine Son, Jesus in union with the Masses said throughout the world today, for all the holy Souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, those in my own home and within my family. Amen."

St. Gertrude the Great was born in Germany in 1263. She was a Benedictine Nun, and meditated on the Passion of Christ, which many times brought floods of tears to her eyes. She did many penances, and Our Lady appeared to her many times. Her holy Soul passed away in 1334. November 16<sup>th</sup> is her Feast Day.



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Abortion isn't a lesser evil, it's a crime. Taking one life to save another, that's what the Mafia does. It's a crime. It's an absolute evil. **Pope Francis.** 





Daily Highlights, Mass Readings, Daily Saints, Prayers... Tuesday of the Fifth Week in Ordinary Time, February 6, 2024, Volume 172. Today's Bible Readings

Latin Rite

**1**st Reading: 1 Kgs 8:22-23, 27-30 Responsorial Psalm: PS 84:3, 4, 5 and 10, 11

Gospel: Mk 7:1-13

Syro-Malabar Rite 1<sup>st</sup> Reading: Acts 5:12-20 Gospel:

Matthew 12:9-14

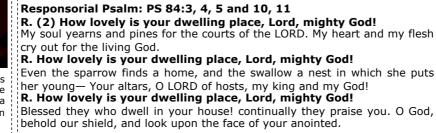
# Meditation: Worship From the Heart

When the Pharisees with some scribes who had come from Jerusalem gathered around Jesus, they observed that some of his disciples ate their meals with unclean, that is, unwashed, hands. Mark 7:6-8 It seems quite clear that Jesus' instant fame led these religious leaders to jealousy and envy, and they wanted to find fault with Him. As a result, they carefully observed Jesus and His disciples, and they noticed that Jesus' disciples were not following the traditions of the elders. So the leaders began questioning Jesus about this fact. Jesus' response was one of severe criticism of them. He quoted Isaiah the prophet who said, "This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching as doctrines human precepts." Jesus strongly criticized them because their hearts were lacking true worship. The various traditions of the elders were not necessarily bad, such as the careful ceremonial washing of one's hands before eating. But these traditions were empty if they were not motivated by a deep faith and love of God. The external following of human traditions was not truly an act of divine worship, and that's what Jesus wanted for them. He wanted their hearts to be set ablaze with a love of God and with true divine worship. What our Lord wants of each one of us is worship. Pure, heartfelt, sincere worship. He wants us to love God with a deep interior devotion. He wants us to pray, to listen to Him, and to serve His holy will with all the powers of our soul. And this is only possible when we engage in authentic worship. As Catholics, our life of prayer and worship is grounded in the holy Liturgy. The Liturgy incorporates many traditions and practices that reflect our faith and become a vehicle of the grace of God. And though the Liturgy itself is far different from the mere "tradition of the elders" that Jesus was criticizing, it's useful to remind ourselves that the many Liturgies of our Church must move from the external actions to interior worship. Going through the motions alone is pointless. We must allow God to act on us and within us as we engage in the external celebration of the Sacraments. Reflect, today, upon the burning desire in the heart of our Lord to draw you into worship. Reflect upon how well you allow yourself to be drawn into this worship every time you attend the holy Mass. Seek to make your participation not only an exterior one but, first and foremost, an interior one. Doing so will help ensure that the rebuke of our Lord upon the scribes and Pharisees does not also fall upon you.

My divine Lord, You and You alone are worthy of all worship, adoration and praise. You and You alone deserve the worship I offer You from the depths of my heart. Help me and Your entire Church to always interiorize our exterior acts of worship so as to give You the glory that is due Your holy name. Jesus, I trust in You.

#### 1st Reading: 1 Kgs 8:22-23, 27-30

Solomon stood before the altar of the LORD in the presence of the whole community of Israel, and stretching forth his hands toward heaven, he said, "LORD, God of Israel, there is no God like you in heaven above or on earth below; you keep your covenant of mercy with your servants who are faithful to you with their whole heart. "Can it indeed be that God dwells on earth? If the heavens and the highest heavens cannot contain you, how much less this temple which I have built! Look kindly on the prayer and petition of your servant, O LORD, my God, and listen to the cry of supplication which I, your servant, utter before you this day. May your eyes watch night and day over this temple, the place where you have decreed you shall be honored; may you heed the prayer which I, your servant, offer in this place. Listen to the petitions of your servant and of your people Israel which they offer in this place. Listen from your heavenly dwelling and grant pardon."



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The Bible in one year: February

Syro-Malankara Rite

1 Timothy 6:17-21

1<sup>st</sup> Reading:

Luke 12:16-21

Gospel:

February 01 Gen 50, Isa 33, Matt 21:1–16, Ps 18:26–32 02 Exod 1-3, Isa 34, Matt 21:17-46, Ps 18:33-39 03 Exod 4–5, Isa 35, Matt 22:1–13, Ps 18:40–46 04 Exod 6, Isa 36, Matt 22:14 35, Ps 18:47-50 05 Exod 7-8, Isa 37:1–27, Matt 22:36-23:11, Ps 19:title-9 06 Exod 9-10, Isa 37:28-38, Matt 23:12-39, Ps 19:10-14 07 Exod 11:1–12:25, Isa 38– 39, Matt 24:1–15, Ps 20 08 Exod 12:26–13:22, Isa 40:1-20, Matt 24:16-37, Ps 21:title-5 09 Exod 14-15, Isa 40:21-31, Matt 24:38-51, Ps 21:6–13 10 Exod 16, Isa 41, Matt 25:1–30, Ps 22:title-5 11 Exod 17-18, Isa 42, Matt 25:31–46, Ps 22:6–13 12 Exod 19–20, Isa 43:1-15, Matt 26:1-27, Ps 22:14-20 13 Exod 21:1-22:1, Exod 22:4, Exod 22:2-31, Isa 43:16-28, Matt 26:28-49, Ps 22:21-27 14 Exod 23, Isa 44, Matt 26:50–75, Ps 22:28–31 15 Exod 24–25, Isa 45, Matt 27:1–18, Ps 23 16 Exod 26, Isa 46, Matt 27:19-40, Ps 24 17 Exod 27-28, Isa 47, Matt 27:41-66, Ps 25:title-5 18 Exod 29, Isa 48, Matt 28, Ps 25:6-12 19 Exod 30, Isa 49, Mark 1:1–19, Ps 25:13–22 20 Exod 31–32, Isa 50, Mark 1:20-45, Ps 26:title-3 21 Exod 33-34, Isa 51, Mark 2, Ps 26:4-12 22 Exod 35, Isa 52-53, Mark 3:1-11, Ps 27:title-4 23 Exod 36, Isa 54, Mark 3:12-35, Ps 27:5-14 24 Exod 37-38, Isa 55-56, Mark 4:1-20, Ps 28:title-3 25 Exod 39, Isa 57, Mark 4:21-41, Ps 28:4-9 26 Exod 40, Isa 58, Mark 5:1–23, Ps 29:title–7 27 Lev 1–3, Isa 59, Mark 5:24–43, Ps 29:8– 11 28 Lev 4–5, Isa 60, Mark 6:1–23, Ps 30

## Resources

Importance of the Mass Mystical Stigmata What is Charismatic Renewal? The Real Meaning of Christmas Why should I Confess?

## Gallery

Articles Daily Reflections E-books Novena Prayers Saints Songs Testimonials

Online Counseling

Live Channels

## R. How lovely is your dwelling place, Lord, mighty God!

I had rather one day in your courts than a thousand elsewhere; I had rather lie at the threshold of the house of my God than dwell in the tents of the wicked.

## R. How lovely is your dwelling place, Lord, mighty God!

## Alleluia

R. Alleluia, alleluia. Incline my heart, O God, to your decrees; and favor me with your law. R. Alleluia, alleluia.

## Gospel: Mk 7:1-13

When the Pharisees with some scribes who had come from Jerusalem gathered around Jesus, they observed that some of his disciples ate their meals with unclean, that is, unwashed, hands. (For the Pharisees and, in fact, all Jews, do not eat without carefully washing their hands, keeping the tradition of the elders. And on coming from the marketplace they do not eat without purifying themselves. And there are many other things that they have traditionally observed, the purification of cups and jugs and kettles and beds.) So the Pharisees and scribes questioned him, "Why do your disciples not follow the tradition of the elders but instead eat a meal with unclean hands?" He responded, "Well did Isaiah prophesy about you hypocrites, as it is written: This people honors me with their lips, but their hearts are far from me; In vain do they worship me, teaching as doctrines human precepts. You disregard God's commandment but cling to human tradition." He went on to say, "How well you have set aside the commandment of God in order to uphold your tradition! For Moses said, Honor your father and your mother, and Whoever curses father or mother shall die. Yet you say, 'If someone says to father or mother, "Any support you might have had from me is qorban" (meaning, dedicated to God), you allow him to do nothing more for his father or mother. You nullify the word of God in favor of your tradition that you have handed on. And you do many such things."

#### Today's Saints



# Saint Alfonso Maria Fusco

Son of Giuseppina Schiavone and Aniello Fusco, the eldest of five children in a pious peasant family. The couple had been unable to have children until a visit to the relics of Saint Alphonsus Maria d' Liguori; there they received the message that they would have a son, name him Alfonso, and that he would led the life of a beati. Confirmed and received his first Communion at age seven, and at eleven he announced his intent to become a priest. Entered the seminary of Nocera dei Pagani on 5 November 1850. Ordained 29 September 1863. Noted for his devotion to the liturgy, and as a gentle, paternal confessor. In September of 1878, he, Maddalena Caputo of Angri (Sister Crocifissa), and three young women formed what would become the Congregation of the Baptistine Sisters of the Nazarene (Baptistine Sisters), devoted to the care and education of poor orphans, abandoned children, and youth at risk; their first house was soon known as the Little House of Providence. Along with the usual problems of more needs than resources, the new congregation faced serveral internal trials. False accusations were made about Father Alfonso, and Bishop Vitagliano tried to remove him as the congregation's director. The daughter house in Rome tried to break away from the congregation, even locking the doors to the house when Alfonso came to see them. At one point, vindicated in the end, remained as director, and saw the congregation through it's early, difficult years. Today they work in fifteen countries around the world.

Born: 23 March 1839 in Angri, Salerno, diocese of Nocera-Sarno, Italy

Died: 6 February 1910 in Angri, Salerno, Italy of natural causes

**Beatified:** 7 October 2001 by Pope John Paul II, the beatification miracle involved the healing of a child of "malaria infantile cerebral, with prolonged coma and status epilepticus, with pneumonia and septicaemia; with severe blood malarial parasitemia, persistent despite medical therapies" over the night of 2 to 3 February 1998 in the diocese of Ndola, Zambia through the intercession of Saint Alfonso

**Canonized:** 16 October 2016 by Pope Francis in Rome, Italy, the canonization miracle involved the healing of a Baptistine nun of "sub-arachnoid haemorrhage with tetraventricular flooding and hydrocephalus, secondary and ruptured posterior communicating artery aneurysms" on 25 October 2009 through the intercession of Saint Alfonso **Patronage:** Congregation of the Baptistine Sisters of the Nazarene.



## Saint Dorothy of Caesarea Also known as Dora, Dorothea

Apochryphal martyr whose story has been beautifully told, and was popular for many years. Having made a personal vow of virginity, she refused to marry, or to sacrifice to idols. She was tried, tortured, and sentenced to death for her faith by the prefect Sapricius as part of the persecutions of Diocletian. The pagan lawyer Theophilus said to her in mockery, "Bride of Christ, send me some fruits from your bridegroom's garden." Before she was executed, she sent him, by a six-year-old boy who is thought to have been an angel, her headress which had the fragrance of roses and fruits. Seeing this gift, and the miraculous messenger who brought them, Theophilus converted, and was martyred himself. This story has been variously enlarged through the years. In some places, trees are blessed on her feast day because of her connection with a blooming, fruitful miracle.

**Died:** beheaded with a sword on 6 February 311 in Caesarea Mazaca, Cappodocia (modern day Kayseri, Turkey) **Patronage:** brewers, brides, florists, gardeners, midwives, newlyweds, Pescia, Italy.

### Saint Amand of Maastricht

Also known as Apostle of Belgium, Apostle of Flanders, Amand of Belgium, Amand of Elnone, Amand of France, Amandus, Amantius, Amatius

Lived some time as a hermit, then became a monk at age 20 at the Abbey of Saint Martin at Tours, France. When he took the cowl, his family tried to kidnap him to bring him home for "deprogramming", but failed. Given a commission to wander and preach, he evangelized in France, Flanders, Carinthia, Gascony, and Germany, sometimes getting beaten by the locals for his trouble. Bishop of Maastricht, Netherlands in 649. Founded several monasteries and convents. Abbot of the monastery at Elnone-en-Pevele, France. Friend and spiritual director of Saint Humbert of Pelagius, and was assisted in his work by Saint Acharius. In his declining years he retired to Elnon Abbey, where he was the spiritual teacher of Saint Chrodobald of Marchiennes, and ended his days as a prayerful monk. His association with brewers and vintners and related fields comes from spending so much time preaching and teaching in beer-making and wine-making regions. **Born:** c.584 at Poitou, France

Died: c.679 in the monastery at Elnone-en-Pevele (modern Saint-Amand-les-Eaux), France

**Patronage:** against diseases of cattle, against fever, against paralysis, against rheumatism, against seizures, against skin diseasesm against vision problems, Boy Scouts, bar staff, barkeepers, bartenders, brewers, grocers, hotel keepers, innkeepers, merchants, pharmacists, druggists, vinegar makers, vine growers, vintners, wine-makers, wine merchants, 5 cities.





