



St. Frodobert of Troyes

Born: c.600 in Troyes, France

Died: c.670 in Troyes, Neustria (in modern France) of natural causes

Also known as Frodobert of Moutier-la-Celle, Frodobert of Luxeuil, Frobert, Frodoberto
Additional Memorial 1 January (translation of relics)

Educated in the cathedral school at Troyes, France. Benedictine monk at Luxeuil Abbey where he was a spiritual student of Saint Waldebert of Luxeuil. Founded Moutier-la-Celle abbey near Troyes, France c.655, and served as its first abbot. Noted for his austere lifestyle, and his devotion to prayer.