

#### 3 O' Clock Prayer The Hour of Great Mercy Prayers from the diary of Saint Faustina

You died, Jesus, but the source of life gushed forth for souls and the ocean of mercy opened up for the whole world.

O Fountain of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You.

Holy God, Holy Mighty One, Holy Immortal One, Have mercy on us and on the whole world. (3 times)

JESUS, King of mercy, I trust in You!



## Prayer for all souls

Prayer of St. Gertrude the great dictated by Our Lady to release 1,000 Souls from Purgatory each time it is said. The prayer was extend to include living sinners which would alleviate the indebtedness accrued to them during their lives.

"Eternal Father, I offer Thee the Most precious Blood of Thy Divine Son, Jesus in union with the Masses said throughout the world today, for all the holy Souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, those in my own home and within my family. Amen."

St. Gertrude the Great was born in Germany in 1263. She was a Benedictine Nun, and meditated on the Passion of Christ, which many times brought floods of tears to her eyes. She did many penances, and Our Lady appeared to her many times. Her holy Soul passed away in 1334. November 16<sup>th</sup> is her

Her holy Soul passed away in 1334: November 16<sup>th</sup> is her Feast Day.



Abortion isn't a lesser evil, it's a crime. Taking one life to save another, that's what the Mafia does. It's a crime. It's an absolute evil. **Pope Francis.** 





Daily Highlights, Mass Readings, Daily Saints, Prayers... Saturday of the Twenty-Eighth Week in Ordinary Time, Volume 168, October 21, 2023. Today's Bible Readings

Latin Rite 1<sup>st</sup> Reading:

Rom 4:13, 16-18 **Responsorial Psalm:** PS 105:6-7, 8-9, 42-43

Gospel: Lk 12:8-12

Syro-Malabar Rite 1<sup>st</sup> Reading: Philippians 2:12-16

Gospel:

John 4:46-54

6 Colossians 4:7-9 Gospel:

John 10:11-16

1<sup>st</sup> Reading:

Svro-Malankara Rite

# Meditation: Peace in the Face of Judgment

When they take you before synagogues and before rulers and authorities, do not worry about how or what your defense will be or about what you are to say. For the Holy Spirit will teach you at that moment what you should say." Luke 12:11-12 Jesus lived this Gospel passage in His own life to perfection. He was arrested, interrogated, falsely condemned and questioned by the Chief Priest, Herod and Pontius Pilate. During His interrogations, sometimes He spoke and at other times He remained silent. In preparation for these interrogations, Jesus did not study each ruler ahead of time, trying to figure out what He should say and not say. He did not prepare a defense but relied upon His perfect union with the Holy Spirit and with the Father to be led at every moment in His human nature. Though it may be unlikely that you will be arrested for your faith and put on trial for being Christian by the civil authorities, it is possible that you will experience various other forms of interrogation and condemnation at times during which you are challenged to respond. And more likely, if you are judged by another, you may be tempted to defend yourself in anger, attacking back. This Gospel passage, when clearly understood and lived, should have the effect of calming you and reassuring you during any and every experience of judgment. The Catechism of the Catholic Church states that "To avoid rash judgment, everyone should be careful to interpret insofar as possible his neighbor's thoughts, words, and deeds in a favorable way" (# 2478). And though you must always strive to do this yourself, there will most likely be times when others do not act in this careful and truthful way toward you. Thus, if you are judged by another, even if what they say has truth to it, it is important that you not react with defensiveness and anger, unless the Holy Spirit has unmistakably led you to do so. The key message Jesus gives is that you must trust that the Holy Spirit will always lead you as you humbly and continually seek to follow His every prompting. This is only possible if you have built a firm habit of attentiveness to the Voice of God within your conscience. Because the experience of rash judgment, detraction, calumny and the like are painful to encounter, you must prepare your defense ahead of time by learning to only rely upon the Holy Spirit in all things. Jesus exhorts us to do so! Therefore, if you daily and humbly seek to fulfill God's will, hear His voice, and respond with generosity, then you can be certain that when the time comes and you experience these forms of judgment, you will be ready. The Holy Spirit will speak to you, inspire you, console you and give you every grace you need to respond in accord with God's will. Do not doubt this. Have faith and confidence in these words and this promise of our Lord. Reflect, today, upon the ways that you have responded in the past to the judgment of another. Try to call to mind specific moments when this has happened. Did you respond with similar judgments? Were you filled with anger? Did you brood over injury? Did you lose your peace of heart? If you have fallen into these temptations, then commit yourself in faith to believe what Jesus says today. Trust Him. Trust that He will be with you in those difficult moments in the future and pray that you will be graced to respond only as the Holy Spirit directs you.

My innocent Lord, You were put on trial, judged and falsely condemned. Yet in all of that, You were the Innocent Lamb Who always loved and spoke truth with perfection. When I experience judgment in my life, please fill me with peace of heart and trust in Your promise that the Holy Spirit will be with me, inspiring me and leading me in accord with Your perfect will. Holy Spirit, I abandon myself to You now and always. Jesus, I trust in You.

## 1<sup>st</sup> Reading: Rom 4:13, 16-18

Brothers and sisters: What can we say that Abraham found, our ancestor according to the flesh? Indeed, if Abraham was justified on the basis of his works, he has reason to boast; but this was not so in the sight of God. For what does the Scripture say? Abraham believed God, and it was credited to him as righteousness. A worker's wage is credited not as a gift, but as something due. But when one does not work, yet believes in the one who justifies the ungodly, his faith is credited as righteousness. So also David declares the blessedness of the person to whom God credits righteousness apart from works: Blessed are they whose iniquities are forgiven and whose sins are covered. Blessed is the man whose sin the Lord does not record.

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The Bible in one year: October

01 Jdth 14-16, Hab 3, Gal 3:1-15, Ps 109:20-27 02 Esther 11:2-12:6, Esther 1, Zeph 1, Gal 3:16-29, Ps 109:28-31 03 Esther 2:1-3:13, Esther 13:1–7, Esther 3:14–15, Zeph 2–3, Gal 4, Ps 110 04 Esther 4, Esther 13:8-15:16, Haggai 1, Gal 5, Ps 111 05 Esther 5-7, Haggai 2, Gal 6, Ps 112:1-6 06 Esther 8:1–12, Esther 16, Esther 8:13–17, Zech 1, Eph 1, Ps 112:7–10 07 Esther 9:1–11:1, Zech 2, Eph 2, Ps 113 08 Job 1–3, Zech 3–4, Eph 3, Ps 114 09 Job 4-5, Zech 5, Eph 4:1-20, Ps 115:1-7 10 Job 6-7, Zech 6-7, Eph 4:21–32, Ps 115:8–14 11 Job 8–9, Zech 8, Eph 5, Ps 115:15-18 12 Job 10-11, Zech 9, Eph 6, Ps 116:1–10 13 Job 12–13, Zech 10, Phil 1:1-18, Ps 116:11-19 14 Job 14–15, Zech 11, Phil 1:19-30, Ps 117 15 Job 16-17, Zech 12-13, Phil 2, Ps 118:1-10 16 Job 18-19, Zech 14, Phil 3, Ps 118:11-17 17 Job 20, Mal 1–2, Phil 4, Ps 118:18–24 18 Job 21– 22, Mal 3, Col 1, Ps 118:25-29 19 Job 23-25, Mal 4, Col 2, Ps 119:1-10 20 Job 26-27, 1 Macc 1:1-28, Col 3:1-14, Ps 119:11-17 21 Job 28-29, 1 Macc 1:29-48, Col 3:15-4:18, Ps 119:18-24 22 Job 30-31, 1 Macc 1:49-64, 1 Thess 1, Ps 119:25-31 23 Job 32, 1 Macc 2:1-25, 1 Thess 2–3, Ps 119:32–38 24 Job 33-34, 1 Macc 2:26-45, 1 Thess 4, Ps 119:39-45 25 Job 35-36, 1 Macc 2:46-70, 1 Thess 5, Ps 119:46-52 26 Job 37, 1 Macc 3:1-15, 2 Thess 1, Ps 119:53-59 27 Job 38-39, 1 Macc 3:16-35, 2 Thess 2, Ps 119:60-66 28 Job 40, 1 Macc 3:36-60, 2 Thess 3, Ps 119:67-73 30 Prov 1–2, 1 Macc 4:17–36, 1 Tim 3, Ps 119:81–87 31 Prov 3-4, 1 Macc 4:37-61, 1 Tim 4, Ps 119:88-94

### Resources Importance of the

<u>Mass</u> <u>Mystical Stigmata</u> <u>What is Charismatic</u> <u>Renewal?</u> <u>The Real Meaning of</u> <u>Christmas</u> <u>Why should I Confess?</u>

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## Responsorial Psalm: PS 105:6-7, 8-9, 42-43

R. (8a) The Lord remembers his covenant for ever. You descendants of Abraham, his servants, sons of Jacob, his chosen ones! He, the LORD, is our God; throughout the earth his iudaments prevail.

## R. The Lord remembers his covenant for ever.

He remembers forever his covenant which he made binding for a thousand generations - Which he entered into with Abraham and by his oath to Isaac.

R. The Lord remembers his covenant for ever.

For he remembered his holy word to his servant Abraham. And he led forth his people with joy; with shouts of joy, his chosen ones. R. The Lord remembers his covenant for ever.

R. Alleluia, alleluia. The Spirit of truth will testify to me, says the Lord, and you also will testify. R. Alleluia, alleluia.

## Gospel: Lk 12:8-12

Jesus said to his disciples: "I tell you, everyone who acknowledges me before others the Son of Man will acknowledge before the angels of God. But whoever denies me before others will be denied before the angels of God. "Everyone who speaks a word against the Son of Man will be forgiven, but the one who blasphemes against the Holy Spirit will not be forgiven. When they take you before synagogues and before rulers and authorities, do not worry about how or what your defense will be or about what you are to say. For the Holy Spirit will teach you at that moment what you should say."

## Today's Saints



Legendary princess, the daughter of a Christian British king and Saint Daria. She travelled Europe in company of either 11 or 11,000 fellow maidens; the 11,000 number probably resulted from a misreading of the term "11M" which indicated 11 Martyrs, but which a copyist took for a Roman numeral. Ursula and her company were tortured to death to get them to renounce their faith, and old paintings of them show many of the women being killed in various painful ways. Namesake for the Ursuline Order, founded for the education of young Catholic girls and women. There are other saints closely associated with Ursula and her story – travelling companions who were martyred with her, Agnes of Cologne, Antonia of Cologne, Calamanda of Calaf, Cesarius of Cologne, Cordula, Cunigunde of Rapperswil, Cyriacus of Cologne, Fiolanus of Lucca, Ignatius of Cologne, James of Antioch, Mauritius of Cologne, Martha of Cologne, Odilia, Pontius of Cologne, Sulpitius of Ravenna, Vincent of Cologne travelling companion, but escaped the massacre, Cunera led by a dove to the lost tomb of Ursula, Cunibert of Cologne her mother, Daria

Died: 21 October 238 in Cologne, Germany

Patronage: British Virgin Islands, Catholic education (especially of girls), Cologne, Germany, holy death, students, school children, teachers, educators, University of Paris.

## Saint Wendelin



Also known as Wendel, Wendolinus, Wendelinus

Prince of Scotland, the son of King Forchado and Queen Irelina. Educated by the local bishop, Wendelin decided to abandon life in the royal family, and devote himself to God. Dressed as a pilgrim, Wendelin left his castle home in the middle of the night, and left the worldly life behind. Pilgrim to many holy sites, reaching Rome, Italy in 574. During an audience with Pope Benedict I, the pope told him to follow his desire for a life with God. Lived for a while in Einsidel, Germany. Hermit in the forest wilderness of Westerich. During a trip to the shrines in Trier, Germany, he reportedly met a wealthy highwayman. The thief admonished Wendelin for begging when he was so obviously capable of earning his living. He then worked for the thief as a swineherd until he found there was no time for his prayers. He transferred to work tending cattle, Wendelin again had time for prayer. However, the herd he tended grew so fast that he soon found himself again over-worked. This time he was transferred to tending sheep, traditionally a job for children or older men as it was less physically demanding. Even when his flock grew large, he still had time for prayer. Legend says that God transferred Wendelin and his flocks back to the old hermitage many times, and then brought them back in the evening. Hermit near Trier in 590. Abbot in Tholey, Germany in 597. Born: 554 in Scotland

Died: 617 at Tholey, Germany of natural causes.

Also known as Laura Montoya y Upegui, María Laura de Jesus Montoya Upegui

Educated at the Holy Spirit School in Amalfi, Colombia, and in Medellín, Colombia. Teacher. Beginning in 1908, she worked as missionary to the natives in the Uraba and Sarare regions. Founded the Works of the Indians and the Congregation of Missionary Sisters of Immaculate Mary and of Saint Catherine of Siena who minister to the poor throughout South America. Known for her defense of Indian rights, and as a strong role model for South American girls.

Born: 26 May 1874 in Jerico, Antioquía, Colombia as Laura Montoya y Upegui Died: 21 October 1949 in Medellín, Colombia of natural causes Beatified: 25 April 2004 by Pope John Paul II, the beatification miracle involved the 1994 cure of an 86 year old woman with uterine cancer Canonized: Sunday 12 May 2013 by Pope Francis.





