



## **Bl. Helen of Poland**

**Born:** c.1235 in Hungary

**Died:** 11 June 1298 at Gnesen, Poland of natural causes

**Beatified:** 26 September 1827 by Pope Leo XII (cultus confirmed)

Born a princess, the daughter of King Bela IV of Hungary and Maria Laskaris. Niece of Saint Elizabeth of Hungary, grand-niece of Saint Hedwig of Andechs, and younger sister of Blessed Cunegund of Poland, who raised her. Married to Duke Boleslas V, the devout prince of Kalishi, Pomerania; mother of three.