

125

R. For ever I will sing the goodness of the Lord.
For you are the splendor of their strength, and by your favor our horn is exalted.
A For to the LORD belongs our shield.



Abortion isn't a lesser evil, it's a crime. Taking one life to save another, that's what the Mafia does. It's a crime. It's an absolute evil.

Pope Francis

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Prayer requests to Email: mojcounselor@gmail.com likeness of the resurrection. Alongside of healing the wounds of body and mind, he also forgives the sins of the spirit, removes the weakness of the flesh, and thus heals the whole person. It is a great thing to forgive people's sins - who can forgive sins, but God alone? For God also forgives through those to whom he has given the power of forgiveness. Yet it is far more divine to give resurrection to bodies, since the Lord himself is the resurrection. (excerpt from **EXPOSITION OF THE GOSPEL** *OF LUKE* 5.12–13.5)

say, 'Your sins are forgiven you''

or to say, 'Rise and walk?'" In

this passage he shows the full

Do you believe in the healing transforming power of Christ's forgiveness and merciful love? Ask him to set you free and transform your mind and heart to be like his heart.

"Lord Jesus, through your merciful love and forgiveness you bring healing and restoration to body, soul, and mind. May your healing power and love touch every area of my life - my innermost thoughts, feelings, attitudes, and memories. Pardon my offenses and transform me in the power of your Holy Spirit that I may walk confidently in your love, truth, and righteousness."

| | | For to the LORD belongs our shield, | 11 Gen 20–21, Isa 10, Matt |
|-------|-----|--|--|
| | 45 | and to the Holy One of Israel, our King. | 8:18–34, Ps 7:11–17 |
| | v | R. For ever I will sing the goodness of the Lord. | 12 Gen 22, Isa 11, Matt 9:1–27, |
| | | 5 5 | Ps 8 |
| | | Alleluia LK 7:16 | 13 Gen 23:1–24:38, Isa 12, |
| | | R. Alleluia, alleluia. | Matt 9:28-38, Ps 9:title-3 |
| | | A great prophet has arisen in our midst | 14 Gen 24:39–25:34, Isa 13, |
| | | and God has visited his people. | Matt 10, Ps 9:4-10 |
| | | R. Alleluia, alleluia. | 15 Gen 26, Isa 14, Matt 11:1- |
| | | | 12, Ps 9:11–20 |
| | | Gospel MK 2:1-12 | 16 Gen 27, Isa 15, Matt 11:13- |
| | | | 30, Ps 10:1–4 |
| | | When Jesus returned to Capernaum after some | 17 Gen 28–29, Isa 16–17, Matt |
| | | days, it became known that he was at home. | 12:1–26, Ps 10:5–11 |
| | | Many gathered together so that there was no longer | 18 Gen 30, Isa 18:1–19:13, |
| | | room for them, not even around the door, | Matt 12:27–50, Ps 10:12–18 |
| | | and he preached the word to them. | 19 Gen 31, Isa 19:14–20:6, |
| | | They came bringing to him a paralytic carried by four men. Unable to get near Jesus because of the | Matt 13:1–19, Ps 11 |
| | | crowd, they opened up the roof above him. | 20 Gen 32, Isa 21, Matt 13:20- |
| | പ്പ | After they had broken through, | 41, Ps 12 |
| | Ŷ, | they let down the mat on which the paralytic was | 21 Gen 33–34, Isa 22, Matt |
| | | lying. When Jesus saw their faith, he said to him, | 13:42–58, Ps 13 |
| | | "Child, your sins are forgiven." | 22 Gen 35–36, Isa 23, Matt 14, |
| | | Now some of the scribes were sitting there asking | Ps 14:title–3 |
| | | themselves, "Why does this man speak that way? | 23 Gen 37, Isa 24, Matt 15:1– 12, Ps 14:4–7 |
| | | He is blaspheming. Who but God alone can forgive | 24 Gen 38–39, Isa 25, Matt |
| | | sins?" | 15:13–39, Ps 15:title–16:3 |
| ning | | Jesus immediately knew in his mind what | 25 Gen 40, Isa 26–27, Matt |
| ciful | | they were thinking to themselves, | 16:1–17, Ps 16:4–11 |
| orm | | so he said, "Why are you thinking such things in your hearts? | 26 Gen 41, Isa 28:1–14, Matt |
| onn | | Which is easier, to say to the paralytic, | 16:18–17:11, Ps 17:title–6 |
| | | 'Your sins are forgiven,' | 27 Gen 42–43, Isa 28:15–29, |
| | | or to say, 'Rise, pick up your mat and walk'? | Matt 17:12-27, Ps 17:7-15 |
| and | | But that you may know | 28 Gen 44, Isa 29, Matt 18, Ps |
| and | | that the Son of Man has authority to forgive sins on | 18:title–4 |
| and | | earth" -he said to the paralytic, | 29 Gen 45–46, Isa 30:1–21, |
| May | | "I say to you, rise, pick up your mat, and go home." | Matt 19:1-14, Ps 18:5-11 |
| • | | He rose, picked up his mat at once, | 30 Gen 47, Isa 30:22–31:9, |
| very | A | and went away in the sight of everyone. | Matt 19:15–30, Ps 18:12–18 |
| ghts, | 57 | They were all astounded and glorified God, saying, "We have never seen | 31 Gen 48–49, Isa 32, Matt 20, |
| my | | anything like this." | Ps 18:19–25 |
| • | | | |
| r of | | | 1 |
| ntly | | | 10_ |



6:7-7:3

10 Gen 18-19, Isa 9, Matt 8:1-

17, Ps 7:4–10

Today's Saints

St. Anthony the Abbot



St. Anthony the Abbot

Saint Anthony was born in the year 251, in Upper Egypt. Hearing at Mass the words, If you would be perfect, go, sell what you have and give to the poor, he gave away all his vast possessions — staying only to see that his sister's education was completed — and retired into the desert. He then begged an aged hermit to teach him the spiritual life, and he also visited various solitaries, undertaking to copy the principal virtue of each.

To serve God more perfectly, Anthony immured himself in a ruin, building up the door so that none could enter. Here the devils assaulted him furiously, appearing as various monsters, and even wounding him severely; but his courage never failed, and he overcame them all by confidence in God and by the sign of the cross. One night, while Anthony was in his solitude, many devils scourged him so terribly that he lay as if dead. A friend found him in this condition, and believing him dead carried him home. But when Anthony came to himself he persuaded his friend to take him back, in spite of his wounds, to his solitude. Here, prostrate from weakness, he defied the devils, saying, I fear you not; you cannot separate me from the love of Christ. After more vain assaults the devils fled, and Christ appeared to Anthony in His glory.

Saint Anthony's only food was bread and water, which he never tasted before sunset, and sometimes only once in two, three, or four days. He wore sackcloth and sheepskin, and he often knelt in prayer from sunset to sunrise. His admirers became so many and so insistent that he was eventually persuaded to found two monasteries for them and to give them a rule of life. These were the first monasteries ever to be founded, and Saint Anthony is, therefore, the father of cenobites of monks. In 311 he went to Alexandria to take part in the Arian controversy and to comfort those who were being persecuted by Maximinus. This visit lasted for a few days only, after which he retired into a solitude even more remote so that he might cut himself off completely from his admirers. When he was over ninety, he was commanded by God in a vision to search the desert for Saint Paul the Hermit. He is said to have survived until the age of a hundred and five, when he died peacefully in a cave on Mount Kolzim near the Red Sea. Saint Athanasius, his biographer, says that the mere knowledge of how Saint Anthony lived is a good guide to virtue.

Reflection. The more violent the assaults of temptation suffered by Saint Anthony, the more firmly did he grasp his weapons, namely, mortification and prayer. Let us imitate him in this, if we wish to obtain victories like his.

BI. Rosalina of Villeneuve



Born to an ancient and noble family; daughter of Count Arnaud. As a child, Rosalina was noted for her charity to the poor, often slipping away to give food to beggars outside the family castle. Her father, seeing that she was giving away expensive meals, ordered



her to stop. Saddened, she obeyed for about a week, but the sight of the beggars at the castle door was too much for her. Late one night, she filled her apron with food, and started toward the doors. Her father caught her, and demanded to know what she carried; when she opened the apron, it was filled with roses. He immediately ordered the cooks to feed everyone at the door.

She became a Carthusian nun, entering the monastery of Bertrand in the diocese of Gap, France. Prioress of Celle-Roubaud in Provence, France. Her mother joined the order with her, and her brother built a church for their house. Rosalina had frequent visions, the gift of reading hearts, and other mystical phenomena. Her brother Hélian fought and was captured in the Crusades. Legend says he was freed from his chains and led safely home across the seas by a vision of Rosalina who appeared to him in a cloud of roses.

Born: 1267 in a castle at Villeneuve, France

Died: • tomb of Blessed Rosalina of Villeneuve• 17 January 1329• buried at Celle-Roubaud, Provence, France• body incorrupt• relics translated in 1607 to a chapel devoted to her• tomb became a scene for miracles

Beatified: 1851 by Pope Blessed Pius IX (cultus confirmed)

Patronage: Draguignan, France

St. Jenaro Sánchez DelGadillo



St. Jenaro Sánchez DelGadillo

Seminarian at Guadalajara, Mexico. Ordained in 1911. Priest at several parishes, including Tecolotlan, Jalisco. Noted for his combination of pastoral work with his parishioners and the sick, and for his organzational and administrative skills. When anti-religious laws were promulgated, he celebrated Mass in private homes. Arrested on 17 January 1927 while preparing to celebrate Mass on a farm. Martyr.

Born: 19 September 1886 at Zapopán, diocese of Guadalajara, Jalisco, Mexico

Died: • hanged from a mesquite tree on 17 January 1927 at Tecolotlan, Jalisco, Mexico• corpse mutilated and left hanging as a warning• relics translated to Cocula, Jalisco in 1934

Canonized: 21 May 2000 by Pope John Paul II during the Jubilee of Mexico

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